

# Gear Up: An adventure in kindness

Kindness is showing others they are valuable by how you treat them.



## MEMORY VERSE

“You are God’s chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don’t be proud. Be gentle and patient.”  
Colossians 3:12, NIRV

## Talk About the Bible Story

Open the Bible together and read Ruth 1–2 or watch the video together on the Parent Cue app.

## Engagement Questions

- Why is it sometimes a lot harder to **be kind to the people closest to you**?
- How could you show them patience instead of being mean?
- What steps can you take next time that help you remember to always be kind to your family and friends?

## Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code  
to get started



## Prayer

“Dear God, thank You for giving us people who love us, and whom we can love in return. Thanks for placing us in families, friend groups, and neighborhoods. Help us to show kindness to our siblings, parents, friends, and classmates. We love You and we pray these things in Jesus’ name. Amen.”



Weekly Parent Cues



# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your kid starts their day, tell them, “I love being your \_\_\_\_\_ (mom/dad/grandparent/caregiver, etc.)”



## Meal Time

At a meal this week, have everyone at the table share something kind about each person. Focus on one individual and have everyone speak. You may even want to consider writing the kind comments down on a sheet of paper and giving them to each person after the meal.



## Drive Time

While on the go, ask your kid: “What is something you are looking forward to doing or someone you are looking forward to seeing this week?”



## Bed Time

Pray for each other: “God, help us not to forget that those closest to us deserve our kindness every day.”

**More Ways to Engage with Your Kid**

**Faith & Character Activities**



**Worship Song of the Month**



**Download the Parent Cue app**

AVAILABLE FOR APPLE AND ANDROID DEVICES

