



WEEK 4 | April 28, 2024

Today's Bible Story: I shine when I do what Jesus says. Shine Like the Stars • *Philippians 2:14-16*

Memory Verse: "Let your light shine." Matthew 5:16, NIV

Key Question: Who can do what Jesus says?

Bottom Line: I can do what Jesus says.

Basic Truth: Jesus wants to be my friend forever.

SOCIAL: Time to have fun!

ACTIVITY: Star Jump

What You Need: No supplies needed

What You Do: Show children how to do a star jump by jumping up in the air, extending your arms and legs outward at the same time, and then bringing them back in as you land. Encourage children to be stars by doing star jumps too. Repeat as desired.

What You Say: "I'm going to show you a movement for us to do. Ready? (*Do a star jump.*) Doesn't that look like fun? What shape did I make with my body? Here, watch me one more time. (*Demonstrate.*) My body made a star! Let's all be stars! Jump with me. (*Pause.*) Great job! Look at all of you shining stars!" (*Repeat as desired*) "You are bright, beautiful stars! Today in our Bible Story we are going to hear how we can shine bright when we do what Jesus says! I can't wait! Let's go, shiny stars!"

Large Group: Time to Praise & Worship God!

Memory Verse:

Teach/Review Memory Verse with Motions.

Worship: Inviting people to respond to God.

Story: Communicating God's truth in engaging ways.

SMALL GROUP: Time to connect with the children. **PRAYER:** Praise God! Thank God!

CRAFT: I CAN Headband

What You Need: "I CAN Label" Activity Page, Avery® Labels #5163 or equivalent, blue bulletin board paper, star stickers in a variety of colors and sizes, scissors, stapler, and a permanent marker;

What You Do: Copy "I CAN Label" on label paper, one label per child. Cut poster board into 3"-3 1/2" wide strips, one per child. Write each child's name on their strip.

Encourage children to decorate their strip with as many stars as desired. Measure each child's strip around their head and cut if needed. Staple the ends together with the bend facing outward. Ask children to place their label over the staple. Encourage children to wear their headband.

What You Say: "In our Bible Story, we learned how we can shine like the stars in the sky by doing what Jesus says with a happy heart. Let's cover this strip of blue paper with all these fun star stickers. (*Pause.*) Great job! Your paper looks just like the night sky! Let's turn your strips of paper into headbands. (*Measure each child's strip around their head and cut if needed. Staple the ends together with the bend facing outward.*) Put your sticker over the staple(s). Now you have an amazing headband that helps you to remember to shine like the stars!"

After the Activity: "The Bible teaches us that when we do what Jesus says with a happy heart, like when we don't argue or complain, we will shine like stars! There are so many ways to shine (*twinkle fingers*) and do what Jesus says.



Sometimes, there will be people around you who are complaining or arguing. But you can choose to do what Jesus says and SHINE. Say this with me, 'I shine when I do what Jesus says.' I shine when I do what Jesus says. And **who can do what Jesus says? [Bottom Line] I can do what Jesus says.** Yes, you can! **Who can do what Jesus says? [Bottom Line] I can do what Jesus says.**

ACTIVITY: Dancing Stars

What You Need: Yellow butcher paper or poster board, scissors, painter's tape, music player, and fun preschool music

What You Do:

Before the Activity: Cut the yellow butcher paper or poster board into large star shapes, one per child. Stars should be large enough for children to stand on. Spread out the stars on the floor around the activity area. Tape to secure.

Ask the children to dance when the music plays and find a star to stand on when the music stops. Once each child is standing on a star, say a kind word together, for example, "Please;"

"Thank you," "I'm a happy helper," etc. Play the music and do it again. Repeat as desired.

What You Say: "When the music plays, I want you to dance all around. And when the music stops, run to a star, and stand on it. Let's practice. (*Stop and start the music a few times to practice.*) That was fun! Jesus said to let our light shine. Our Bible Story taught us how the words we say can make us shine like the stars in the sky. Let's practice saying words that make us shine! (*Continue dancing to the music and standing on a star when the music stops. Each time you stand on a star, repeat one of these phrases: "Please," "Thank you," or "I'm a happy helper."*) Wow, friends! You are so good at saying kind words and shining your light!"

"Everyone, find a star to stand on. Now twinkle your fingers in the air, like stars. (*Demonstrate.*) The Bible teaches us to do what Jesus says with a happy heart. We can do what Jesus says without complaining or arguing. **Who can do what Jesus says? I can do what Jesus says! Yay! I can do what Jesus says.**"