

LENT | A Guide to Prayer (This guide is a companion to the reading plan in the GBC app)

As we enter the season of Lent, we invite you to embark on a 47-day Bible reading journey focused entirely on Jesus' sacrifice and the depth of His love. Whether you're new to faith, a lifelong believer, or someone searching for deeper meaning, this plan will guide you step by step through the final days of Jesus' life, His suffering, and His ultimate act of love on the cross.

Lent is a time to pause, reflect, and draw closer to God. Each day's passage is a window into the heart of Jesus—His courage, His pain, and His unwavering commitment to redeem us. As you read, you'll experience the weight of His sacrifice in a new way, preparing your heart for the hope and power of Easter. This is not just a reading plan; it's an invitation to walk with Jesus, to see His story unfold, and to let His love transform you from the inside out.

No matter where you are in your spiritual journey, this is an opportunity to encounter Jesus like never before. Join us—one passage at a time—as we fix our eyes on the cross and prepare our hearts for the greatest gift ever given.

1. BEGIN WITH A FEW MOMENTS OF SILENCE.

- Find a quiet place and take a deep breath. Sit in stillness, imagining God's loving presence surrounding you.
- Picture a perfect Father who delights in you—not because of what you've done, but simply because you are His. You are loved more than you can imagine. Let this truth settle into your heart. He is pleased to spend time with you.

2. SURRENDER YOUR WILL TO GOD'S.

- We all build kingdoms—our plans, dreams, and desires. But Jesus invites us to let God's kingdom take priority.
- Say something like: "God, I want Your kingdom more than my own. Help me trust You with my plans. Use me to show others Your love and goodness today."

3. REFLECT ON JESUS' CRUCIFIXION.

- Using the reading plan in the GBC App, read the selected scripture and spend a few minutes reflecting on this sacrifice for you.
- The point is not to master the content, but to allow the reality of Jesus' sacrifice to sink deep into our hearts.

4. TELL GOD WHAT IS ON YOUR MIND.

- God cares about what's on your mind. Tell Him what you're feeling—your worries, hopes, and questions.
- You don't have to pray with perfect words. Just be honest: "God, I need help with _____. I'm struggling with _____. Thank You for being with me."

5. ASK FOR FORGIVENESS.

- None of us are perfect, and God doesn't expect us to be. Bring your mistakes and failures to Him. Say: "God, I've messed up in _____. Please forgive me. Help me start fresh."
- Forgiveness is a gift—not something you earn but something God freely offers because of His love.
- If you need to ask someone for forgiveness, do it!

6. FORGIVE OTHERS.

- Is there someone you need to forgive? Unforgiveness can weigh us down and keep us stuck. Ask God to help you let go of anger or resentment. If you need to talk to someone, do it with humility and love.

DATE	DAY	SCRIPTURE	THEME
March 5	Ash Wednesday	Isaiah 53:1-12	Prophecy of the Suffering Servant
March 6		Psalms 22:1-31	Foreshadowing Jesus' suffering
March 7		Matthew 16:21-28	Jesus predicts His death
March 8		John 12:20-36	Jesus speaks of His death
March 9		Matthew 26:1-5	The plot to kill Jesus
March 10		Mark 14:3-9	Jesus anointed for burial
March 11		Luke 22:1-6	Judas agrees to betray Jesus
March 12		Matthew 26:17-30	The Last Supper
March 13		John 13:1-20	Jesus washes the disciples' feet
March 14		Luke 22:24-34	Jesus predicts Peter's denial
March 15		John 14:1-14	Jesus prepares a place for us
March 16		John 15:1-17	The vine and the branches
March 17		John 16:16-33	Jesus speaks of His departure
March 18		John 17:1-26	Jesus' High Priestly Prayer
March 19		Matthew 26:36-46	Jesus prays in Gethsemane
March 20		Luke 22:39-46	Jesus' agony in the garden
March 21		Matthew 26:47-56	Judas betrays Jesus
March 22		John 18:1-11	Jesus arrested
March 23		Mark 14:53-65	Jesus before the Sanhedrin
March 24		Luke 22:54-62	Peter denies Jesus
March 25		Matthew 27:1-10	Judas' remorse and death
March 26		John 18:28-40	Jesus before Pilate
March 27		Luke 23:1-12	Jesus before Herod and Pilate
March 28		Matthew 27:15-26	Jesus sentenced to crucifixion
March 29		Mark 15:16-20	The soldiers mock Jesus
March 30		Isaiah 50:4-9	Prophecy of Jesus' suffering
March 31		Psalms 69:1-21	A prophetic cry for deliverance
April 1		1 Peter 2:21-25	Jesus as our example in suffering
April 2		Luke 23:26-31	Simon carries Jesus' cross
April 3		Mark 15:21-32	Jesus is crucified
April 4		Luke 23:32-43	Jesus and the thieves on the cross
April 5		John 19:23-27	Jesus' final words to Mary and John
April 6		Matthew 27:45-50	Jesus' death
April 7		John 19:28-30	Jesus says 'It is finished'
April 8		Matthew 27:51-56	The temple curtain torn
April 9		John 19:31-37	Jesus' side is pierced
April 10		Matthew 27:57-61	Jesus' burial
April 11		Luke 23:50-56	The women witness the burial
April 12	Palm Sunday	Zechariah 9:9-10	Jesus' triumphal entry prophecy
April 13	Holy Monday	Matthew 26:14-16	Judas agrees to betray Jesus
April 14	Holy Tuesday	John 18:12-27	Jesus before the high priest
April 15	Holy Wednesday	Matthew 26:69-75	Peter denies Jesus
April 16	Maundy Thursday	Matthew 27:27-31	The soldiers mock Jesus again
April 17	Good Friday	Isaiah 52:13-53:12	Prophecy of Jesus' suffering
April 18	Holy Saturday	Matthew 27:62-66	The guard at the tomb
April 19	Easter Vigil	Lamentations 3:1-33	Waiting in grief
April 20	Easter Sunday	Psalms 88:1-18	A psalm of deep sorrow