STARFISH & DOLPHINS

WEEK 2 | September 14, 2025

Today's Bible Story: I can trust God's plans.

Baby Moses • Exodus 2:1-10

Memory Verse: "'For I know the plans I have for you,' says the LORD." Jeremiah 29:11

Key Question: Who has plans for you? **Bottom Line:** God has plans for me.

SOCIAL: Time for fun!

ACTIVITY: Mystery Building Bags

What You Need: Paper lunch bags, miscellaneous building items such as craft sticks, blocks, paper cups, and pom-poms

What You Do: Prepare the bags by placing the building materials (craft sticks, blocks, paper cups, pom-poms, and other safe items) inside, one per small group.

What You Say: "I have a fun activity for us today using these bags. Each mystery bag is filled with different items you can use to build and create with! Let's open our bags and see what's inside! (Pause.) You can build anything you want with the things from your bag. (Pause.) God gave you creativity to build and make something special. [Child's name], tell us about your creation. (Continue for each child.) Wow! Friends, you constructed and created so many wonder things today! Let's get ready to hear a true story from the Bible about someone who built a basket and put someone special in it!"

MEMORY VERSE: Hidden Shapes

What You Need: "Hidden Shapes" Activity Page (printed on cardstock), page protectors, and dry erase markers

What You Do: Copy "Hidden Shapes" on cardstock, one per child (will be reused for each service). Place each copy into a page protector.

What You Say: "Friends, come stand with me, and let's say our Memory Verse as we do the motions. Ready? Here we go. "'For I know (touch head with fingertips) the plans I have for you,' (march) says the LORD," (point up) Jeremiah 29:11. (Open hands like a book) Wow! Great job everyone! I have a picture for each of you. (Give each child a picture.) Look down here at the bottom of the picture. See these shapes? Let's say what each shape is starting with this one. (Point at each shape as you say it's name.) Each of these shapes down here are hidden in the big picture, the same way Moses was hidden in the grass. Let's look and try to find them. (Pause.) Yay! You found the [shape]! Color it in or circle it in the picture and the key. Let's keep looking until we find all the shapes! (Assist as needed.) You did it!"

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LARGE GROUP: Time to Praise & Worship God

Worship: Inviting people to respond to God. Story: Communicating God's truth SMALL GROUP: Time to connect with the children! PRAY: Praise God, Thank God!

CRAFT: Moses in the Grass

What You Need: "Moses in the Grass"
Activity Page (printed on cardstock) and
"Moses in the Grass Label" Activity Page
(printed on Avery® Labels #5160); green
construction paper (1 sheet per 3 children);
preschool scissors; glue sticks; baby wipes;
and a permanent marker

What You Do: Copy "Moses in the Grass" on cardstock and cut one cutout per child. Copy "Moses in the Grass Label" on label paper, one label per child. Fold the green construction paper in half lengthwise. While still folded, cut into three sections. Should end up having 3 book-like pieces per sheet. Encourage children to open their paper section and glue their baby Moses cutout above the crease. Clean hands as needed. Ask children to fold their paper back together, make cuts down from the opening to look like grass, and add a label to the front.

What You Say: "Friends, come sit at the table with me and let's create some story art. These paper sections look like tall grass. Open your paper like this and glue baby Moses inside. (Pause.) Great job! (Clean hands as needed.) Fold your papers back together and use your scissors to make cuts downward from the opening. This will look

like tall grass! To finish, add this label to the front. (Pause.) It says [Bottom Line] God has plans for me. And tells you where you can look in the Bible to find today's story. Today we heard a story from the Bible about a baby named Moses. He was an Israelite, one of God's people. Moses' mom wanted to keep him safe from the mean king who wanted to hurt all the baby Israelite boys. She made a basket, put Moses in it, and hid him in the tall grass by the river. Pharaoh's daughter found Moses and decided to keep him safe. Miriam, Moses' sister, told the princess that she knew someone that could help take care of him. That was Moses' mom. She trusted God and knew God had plans for her and Moses. God had plans for Moses, and God has plans for you, too! Who has plans for you? [Bottom Line] God has plans for me."

ACTIVITY: Who's hiding?

What You Need: Large piece of green butcher paper (to hide a child behind)
What You Do: Have 2 leaders hold the green paper so that the bottom is touching the floor and a child can hide behind it.
What You Say: "Let's spread out a bit. Raise your arms out to the side like this and make sure you don't touch anyone around you.

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(Demonstrate.) Great job! Now have a seat. When I say, 'close and cover your eyes,' I want everyone to close and cover your eyes like this. (Demonstrate.) Once everyone's eyes are closed, I'll tap a friend on the shoulder, then you'll quietly go hide behind the tall grass (green paper). Then when I say, 'open your eyes!' you can open them to try to figure out who's hiding behind the grass! Are you ready to play? Okay! Close and cover your eyes. (Tap one friend and help them go behind the paper.) Open your eyes and guess who's hiding! (Pause for responses.) Great guessing! [Child's name] come out! (Continue with each child.) That was such a fun game!"