

## IMITATE

4-week series: Trying to have your high schooler step deeper into their relationship with Jesus is so difficult with school assignments, sports practices and games, tournaments, drivers license exams, college applications and more. Our hope is to give your high schooler practical handles on spiritual practices they can implement in their life.

Our hope is to help your student get “imitate” Jesus in their relationship with God and step into a more living union with their heavenly father as they start the new year.

### MEMORY VERSE

“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect

Romans 12:2

### ENGAGE IN EVERYDAY MOMENTS TOGETHER

#### Morning Time

Take time to pray together as a family. Ask God to help all of you become imitate Jesus in your sphere of influence.

#### Their Time

Encourage them to step into a spiritual discipline on their own: prayer, reading the bible, and silence solitude are great ideas.

#### Meal Time

Ask them if you could share your story with them. Many kids don’t know the stories of their own parents. Tell them how you met Jesus.

#### Bed Time

This is a great time to reflect on the day. As they step into that time of needed rest, encourage them to reflect on God’s goodness and the rest he provides.

### Week One

**Jesus urging us to step into a quiet prayer life that is not outward, but inward focus**

Prayer isn't a performance – it's the place where your real heart meets God's real love

### Week Three

**Paul sharing his own testimony and story that we can use as an example.**

Sharing Jesus starts with sharing what He's done in you

### Week Two

**Jesus explaining the remaining in Him is being constantly connected to Him.**

Time alone with God is not about His power, but His presence

### Week Four

**Paul explaining that worship is lifestyle that should transform and renew us**

Worship is total surrender that leads to total transformation