

A vibrant graphic featuring a large, stylized splash of blue water in the center. Above the splash, the words "STARFISH & DOLPHINS" are written in a bold, white, sans-serif font with a blue outline. The background is a mix of orange and blue with abstract shapes and bubbles. A small pink starfish is visible on the left side of the splash.

STARFISH & DOLPHINS

WEEK 1 | September 6, 2026

Today's Bible Story: Creation Days 1 & 2 • Genesis 1:3-8

Key Question: Who makes good things?

Big Idea: God makes good things.

Memory Verse: "God saw all that he had made, and it was very good." • Genesis 1:31

SOCIAL: Time for fun!

ACTIVITY: Light and Dark Relay

What You Need: Painter's tape, "Light and Dark Relay" Activity Pages (printed on white cardstock)

What You Do: Tape the light and dark pictures onto the wall next to each other. Have the children line up on the opposite side of the room.

What You Say: Today we are going to hear about light and dark. I have two pictures here. This one (point to sun picture) is for the light, and this one (point to moon picture) is for the dark. I'm going to show you a picture of an item, and your job is to decide if you would use it in the light or in the dark. Then you will run down and tap the light or dark picture. Let's play! (Show pillow picture.) Here's a pillow. Would you use it in the light or in the dark? How do you use that pillow in the dark? (Let child respond.) I use a pillow in the dark, too, but sometimes I use it in the light if I take a nap. I love using my pillow! (Continue playing and talking about light and dark.) Today we are going to hear something amazing about light and dark. I can't wait!

MEMORY VERSE: Practice the Verse

What You Need: Bible, Fun stickers

What You Do: Open the Bible to remind the children that our verse comes from the Bible.

What You Say: Are you ready to practice our Bible verse? (Let children respond.) Okay, let's all say it together. "God (point up) saw all that he had made (spread arms out), and it was very good (thumbs up)" Genesis 1:31. (Open hands like a book.) Now, who wants to try saying it by yourself? (Reward each child with a sticker for saying the verse.)

LARGE GROUP: Time to Praise & Worship God

Worship: Inviting people to respond to God.

Story: Communicating God's truth

SMALL GROUP: Time to connect with the children! *PRAY:* Praise God, Thank God!



STARFISH & DOLPHINS

CRAFT: Creation Plate

What You Need: “Creation Plate – Label” Activity Page (1 label per child, printed on OL875 labels), White paper plates (1 per child), cotton balls (2 per child), Blue tissue-paper squares, Black construction-paper pieces, Yellow tissue-paper squares, Glue sticks

What You Do: Give each child paper plate and help them draw a quadrant on their plate. Encourage them to add “light and dark” to the left side of their plate and “sky and water” to the right side of their plate. Have them glue yellow tissue paper to the top left side of the plate. Then, help them tear black construction paper into pieces and glue the pieces to the bottom left side of the plate. Encourage each child to glue cotton balls to the top right side of the plate and then glue blue tissue paper to the bottom right side of the plate. When they’re finished decorating, help them add a label to the middle of their plate.

What You Say: God made light and dark. He made the sky and water too! [Big Idea] God makes good things! Let’s make something to help us remember the amazing things God made! We are going to make a plate to show light, dark, sky, and water. Then we’ll add this label. It has our Bible verse on it. It says, “God saw all that he had made, and it was very good” Genesis 1:31. (Assist the children with creating their plates.) Let’s take these plates home to

help us remember that [Big Idea] God makes good things!

ACTIVITY: Sky Mural

What You Need: Piece of blue butcher paper (6' long, 1 per service hour), Stickers and Die-cut shapes (various things you see in the sky during the day: suns, birds, airplanes, rainbows, hot air balloons), Cotton balls, Feathers, Crayons, Glue sticks, Painter’s tape

What You Do: Write [Big Idea] “God makes good things!” in the middle of the paper. Encourage the children to make a sky mural with the supplies.

What You Say: When I go outside to play, I always like to look up at the sky. What do you see in the sky? (Let children respond.) You might see birds, clouds, or even a plane! Let’s make a beautiful sky right here in our room. We can make clouds with these cotton balls. Who can draw a bird? Let’s glue feathers on it! We also have these shapes of things we see in the daytime that we can glue onto our mural. We can draw a rainbow or a hot-air balloon. Who knows how to draw a kite? You all are doing a wonderful job! I love what you put in our sky! Today we are going to hear something amazing about the sky.