

Sep 20, 2026

1 Group

"Poop-face-doo-doo boy"

2

3

Jacob means: 'grasps the heel'

4

That night Jacob got up and took his two wives, his two female servants and his eleven sons and crossed the ford of the Jabbok. After he had sent them across the stream, he sent over all his possessions.

Genesis 32:22-23

6

So Jacob was left alone, and a man wrestled with him till daybreak.
Genesis 32:24

7

The False Self: The self that finds its identity in what I do, what I have, and who I can be to others.

8

9

Do whatever it takes to come out on top!

10

11

12

And yet God is not done with him!

When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man.
Genesis 32:25

13

Then the man said, "Let me go, for it is daybreak." But Jacob replied, "I will not let you go unless you bless me."
Genesis 32:26

14

15

The man asked him, "What is your name?" "Jacob," he answered.
Genesis 32:27

16

17

What 'name' have you internalized?

18

Whatever name you've internalized, your false self tells you the fix is to become its opposite.

19

20

Then the man said, "Your name will no longer be Jacob, but Israel, because you have **struggled with God** and with humans and have overcome."
Genesis 32:28

21

Israel means 'struggles with God'

22

Then the man said, "Your name will **no longer be Jacob**, but **Israel**, because you have **struggled with God** and with humans and have overcome."
Genesis 32:28

23

24

Israel also means 'God struggles with' pointing to the one God chooses to transform.

25

26

Jacob said, "Please tell me your name." But he replied, "Why do you ask my name?" Then he blessed him there.
Genesis 32:29

27

So Jacob called the place Peniel, saying, "It is because I saw God face to face, and yet my life was spared."
Genesis 32:30

28

29

The sun rose above him as he passed Peniel, and **he was limping** because of his hip.
Genesis 32:31

30

If you wrestle with God,
you walk with a limp.

31

Because he loves us,
God never stops wrestling the
Jacob out of us.

32

God is already wrestling with you.

33

Where do you already know God
is asking you to surrender and
you haven't?

34

35