

OCT 25

# K-ONE CURRICULUM

## PATIENCE

**Verse of the Month:** “Don’t be proud at all. Be completely gentle. Be patient. Put up with one another in love.” Ephesians 4:2

**Bible Story:** Jesus is Patient – Matthew 14:13–20; Mark 10:46–52

**Bottom Line:** Being patient shows others God’s love.

## BEFORE LARGE GROUP

### Opening Activity

**SUPPLIES:** No Supplies Needed

#### HOW-TO:

- As the kids come in, have them take a seat on the floor and teach them the tongue twisters listed below. See how fast you can say them before moving to the next one. (They’re harder than you think!)
- Be sure to ask the kids some questions from the High Five list below.

#### TONGUE TWISTERS:

1. Toy boat. Toy boat. Toy boat. Toy boat. Toy boat. Toy boat.
2. She sees cheese. She sees cheese. She sees cheese.
3. Flash message. Flash message. Flash message.
4. Selfish shellfish. Selfish shellfish.
5. A big black bug bit a big black bear.

#### HIGH FIVE: (Optional conversation starters)

- Have you ever had to wait a really long time for a package to arrive at your house? What was in the package?
- What’s the longest you’ve ever stood in line? Was it worth it? What was it for?
- Is there anything you are really looking forward to doing right now, but you have to wait?
- Can you do two things at the same time? What are they?
- What is one thing you could do to make waiting more fun?

## AFTER LARGE GROUP

### Bible Story and Bottom-Line Review

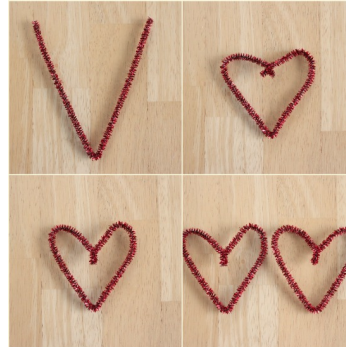
#### SUPPLIES:

- Red pipe cleaners – 1 per kid

#### HOW-TO:

- Have the kids sit in a circle.
- Review the multiple-choice questions about the Bible story below.

- Give a pipe cleaner to each kid. Show them how to form a heart, using the picture below as reference.



- Encourage them to put the heart somewhere they can see every day (e.g., next to the bathroom sink or on the bedside table) to remind them that **[Bottom Line]** Being patient shows others God’s love.

### MULTIPLE-CHOICE QUESTIONS

- It can be hard to show patience when we’re interrupted! What did Jesus do when he was interrupted on the boat as he was trying to head off to be alone? (a) He told the crowd to go away. (b) He had compassion for the crowd, taught them, and fed them when they were hungry. (c) He ignored the crowd, hoping they’d go away.
- It can be hard to show patience when someone asks us for help and it’s inconvenient. What did Jesus do when Bartimaeus yelled for Jesus to help him? (a) He said, “Keep moving! I don’t have time for this! I have to get to Jerusalem.” (b) He told his friends, the disciples, to take care of the man. (c) He stopped and called for Bartimaeus... and healed him!
- It can be SUPER hard to show patience when someone is unkind to us! What’d Jesus do when people were unkind, made fun of him, and hurt him? (a) He showed patience and love even as they were hurting him. (b) He called for an army of people to rescue him. (c) He yelled and fought back!

#### SAY THIS:

Every time you choose patience instead of flying off the handle, you show someone else that they’re important and that God loves them knowing that **[Bottom Line]** Being patient shows others God’s love. Let’s ask God to help us practice patience this week.

#### Today we learned that

**[Bottom Line]** Being patient shows others God’s love.

...

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## Prayer

Be sensitive to any visitor during this activity, and don't ask them to pray out loud if they're not comfortable.

### SUPPLIES:

- No supplies needed

### HOW-TO:

- Lead the kids in the prayer below.

### SAY THIS:

Dear God,

Thank you that you're ALWAYS patient with us.

When we get frustrated or annoyed or even interrupted this week, help us to remember how Jesus would act. Help us to be patient so we can show others your love. We love you. Amen.

## Verse Activity

### SUPPLIES:

- Bible, marked with sticky note at Ephesians 4:2 – 1 per group
- Verse Activity Page -1 per group (hanging on cart)

### HOW-TO:

**LEARN IT!** (Find the verse and understand what it means.)

The Bible is full of wisdom from God. Let's look up our verse to learn what God says about being responsible for the things he's trusted us to take care of.

- Have a kid open the marked Bible to Ephesians 4:2.
- Point out "Ephesians" at the top of the page and the large number 4 at the start of the chapter.
- Have another kid find the small number 2 and place the sticky note underneath the verse.

Explain that Ephesians 4:2 is like the verse's address—it tells us where to find the verse in the Bible.

- Read the version of the verse aloud from the Verse Activity Page (We are using a version this month that's slightly different than the one in your Bible).

- Break it down using "Say This" on the next page.

**LOCK IT!** (Memorize the verse to lock it in our hearts.)

It's important to lock the verse in our hearts. One way we do that is with these motions!

1. Review the motions on the next page.
2. Have the kids repeat each phrase of the verse after you. Then have them say the verse using a silly voice — like a robot, a mouse, or their favorite cartoon character.

3. See if anyone can say the verse from memory.

### MOTIONS

"Don't be proud at all. (wave index finger "no")

Be completely gentle. (hug yourself)

Be patient. (tap index finger on imaginary watch on opposite arm)

Put up with one another in love." (make heart with both hands)

### SAY THIS:

**LIVE IT!** (Apply the verse to the way we live every day.)

Now that we've learned the verse and locked it in, we need to live it out. Living out the verse is knowing what the verse means and applying it to the way we live every day.

That phrase at the end of the verse, "put up with one another," simply means to be patient with

others. It shows them that what they want or need is more important than what we want. When we "put up with one another" and love the people we're with by being patient, we're treating them the way we'd want to be treated. That's how God wants us to treat the people around us. So the next time you have to wait, don't roll your eyes, don't stomp your feet, don't whine and complain... choose patience!